

# Bí Cineálta!

We want everyone at our school to feel safe and happy.

If you think that you are being bullied or someone else is being bullied, you need to tell a teacher or another adult that you trust. They will know what to do to help.



Get help!



Tell someone!

If a student tells a staff member that they think they are being bullied, we will:

- > talk with the student
- > ask the student what they want to happen
- > work out a plan together
- > talk to their parents
- > talk to the other student(s) involved
- > talk with the other student's parents

Bullying behaviour is when someone keeps being mean or hurtful to others on purpose over and over again.

When it happens a lot.  
Not just once.



Please tell someone if you think that you are being bullied or someone else is being bullied.



Our school has a Bí Cineálta policy to try to stop bullying behaviour.

We look at this policy every year to see what is working well or what could work better.

We will ask you what you think.





## Bullying Behaviour Advice

Tell the bully to  
**STOP**

Act confident

Report to an adult



**Make friends and stick together**

Make eye contact



Report to an adult if someone you know is  
being bullied

Do NOT reply to nasty texts/

